



## The Original Reiki Principals

The secret art of inviting happiness

The miraculous medicine of all dis-eases

*Just for today, do not be angry.*

*Do not worry, and be filled with gratitude.*

*Act in the most humble of ways.*

*Devote yourself to your work honestly.*

*Be compassionate to yourself and others.*

*Usui Reiki Treatment for the improvement of body and mind.*

– Dr. Mikao Usui