



COURSE CONTENT – REIKI LEVEL 3

	Read	Complete	Hand in	Practice	Do in group
Word of welcome	✓				
Agreement	✓	✓	✓		
Course content	✓				
THEORY AND PRACTICAL	This part must be completed before the practical portion of the course. IMPORTANT: See the practice grid early on to ensure it is completed...				
Energy Concepts	✓				
History of chakras	✓				
Chakra grid	✓			✓	
Violet Flame	✓				
Meaning of symbols	✓				
4 Symbol Attunement	Taught during the class.				
Use of the 4 Symbol Attunement	✓				
6 Symbol Attunement	Taught during the class.				
Use of the 6 Symbol Attunement	✓				
Formulate an intention	✓			✓	
Ethics and Recommendations	✓				
Student Form	✓		✓		
References	✓				
PRACTICE LIST	✓	✓		✓	
PRACTICUM	This section will be completed over the course of the group sessions.				
Review notions of Reiki levels 1 to 3					✓
Receive the attunement					✓



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Activate the violet flame					✓
Receive the new symbols					✓
Learn the 4 symbol attunement				✓	✓
Learn the 6 symbol attunement				✓	✓
					✓
Completion Criteria	There is no exam for Reiki level 3! All theoretical and practice components must be completed and you must participate to the 2 full sessions.				